

# Sanatana Atma Yoga Anusandhana Kendram



This is to certify that

**JANINA HERPICH**

has successfully completed

## **ADVANCED YOGA TEACHER TRAINING - 300 Hours**

In the Gurukulam system of advanced Yogic studies which includes the practice of Hatha & Vinyasa Yoga, Props Yoga, Yin Yoga, Yoga Nidra, Kriyas, Mudras & Nadis, Pranayama & Meditation techniques, the Upanishads, Bhagavad Gita and Tantra Shastra.

**Mysuru, India**



Reg. No. AYC/SY/052025/2680

Date: 31-05-2025



**Yogacharya Rakesh**

Director  
Samyak Yoga